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GWRRA Georgia

June 2007

Wing Fling - It's Here



That's right! The 2007 Georgia Wing Fling is sure to be your "ticket to fun". If you haven't already sent in your registration, it's still not too late to do so. Don't forget that full registration allows you access to all of the fun – the Thursday night supper, Thursday night at the Sock Hop, Friday Night Laugh-In Talent Show, Ice Cream Sundaes on Friday, outdoor games, bike show, Bingo, Poker run, and some very informative seminars. And of course, we have some other little "extras" going on like the yo-yo exhibition on Thursday, the Hula Hoop contest on Saturday, the always exciting Chapter Challenge on Saturday, the Love Bead vendor game, and the historic Rome Trolley Tour on Friday and Saturday. Don't get left out of the fun – make your plans now to be in Rome, Georgia on June 14-16th. SEE YOU AT THE RALLY!

Vicki Watkins, Event Coordinator

Things to do just for fun at Wing Fling

Indoor games. Vicki has really done it this year. There are new fun games developed just for a hip 50s and 60s crowd. Come by the game room and

check them out. I am sure you will want to play a few games or maybe just purchase a few door prize tickets to take a chance at getting some of the top quality door prizes we have. We have a special treat for you at the sock hop on Thursday night. Our very own DJs, Bill and Dolly Dodd, will be spinning some of your old favorites that will be sure to get you out on the dance floor to do the mashed potato, twist, shag and maybe a jitter bug. So you don't remember all those dances, well JJ and Bob and Karla will refresh your memory right after the BBQ dinner and just before the sock hop. Back by popular demand, on Friday afternoon and Saturday morning there will be two-hour trolley tours of Rome. Also, on Friday you won't want to miss the Laugh-In Talent Show. If you were at the talent show last year, you know that anything could happen. Don't forget the lighted bike show and ice cream social after the talent show. On Saturday, there will be a race you sure won't want to miss. It is an old fashioned "Blind Man's Bluff" pedal to the metal, all out run for the finish line. Of course, we have added a Georgia twist to make it very interesting. There are lots of contests, games, and seminars happening all weekend; so make sure to pick up a rally schedule when you arrive to make sure you don't miss anything. So come early, stay late, and have lots of fun.

GOOD THINGS TO KNOW

2007 CHAPTER COUPLES OF THE YEAR

GA-A Don & Judy Severs
 GA-A2 Wayne & Jewell Dennard
 GA-B2 Jeff & Susan Poirer
 GA-C2 Murl & Ruth Gwynn
 GA-E Jimmy & Brenda Davis
 GA-E2 Clarence & Pat Taylor
 GA-G Dick & Fay Hargett
 GA-H Tony & Sue Bracewell
 GA-I Page & Jeanne Davis
 GA-J Jon & Peggy Lemon
 GA-K Reggie & Fay Walters
 GA-O John & Vivian Rountree
 GA-P Leon Johnson & Julie Wynn
 GA-Q Bill & Barbara Paul
 GA-S Gary & Shirley Verhulst
 GA-T Dave & Betty Andrade
 GA-V Jeff & Angie Simpson
 GA-X James & Virginia Holloway

GA Traveler's Plaque

Chapter GA-X of Macon will be offering the Georgia District Traveler's Plaque for capture at Ryans Steakhous at 1992 Watson Blvd, Warner Robins on 9 June. They will eat at 9:00AM and meet at 10:00AM. For more information, contact John and Linda Zimmer at 478-474-8821.

Region A Wanderer

The Region A Wander was captured by FL1-V of Jacksonville Beach. It will be available to give away on June 2nd at the Golden Coral, 14035 Beach Blvd, Jacksonville, FL, eat at 1:00 PM and meet at 2:00 PM. For more information go to <http://www.gwr-ra-regiona.org/RAhome2.shtml>

Among Our Sick:

- Donna Puckett - GA-A-2
- Al Starley - GA-A-2
- Joy Smith - GA-I-2
- Phillip Denning - GA-Q

If you know of any member that is ill, had surgery, or lost a loved one, contact Bill and Betty Livingston.



UPCOMING EVENTS

June 2 - GA-E – Benefit ride for Britton Cauthen. Ride will be from Griffin to Barnesville. For more information, contact Bob Pastor at 404-402-8540.

June 14-16 – Georgia District Wing Fling, The Fabulous 50's and 60's, Rome, GA. For more information check out the Georgia District Web page at <http://www.gwr-ra-ga.com>

July 4-7 – Wing Ding– Billings, Montana. For more information check out the Georgia District Web page at <http://www.gwr-ra-ga.com>

Sept 1-2– 30th Anniversary Members Party, Nashville, Tn. Opryland Resort and Convention Center. For more information go to <http://www.gwr-ra.org/nashville/>

Sept 8 - GA-Q – Dessert Auction and Burger Burn, Museum of Aviation, Warner Robins Air Force Base. For more information, contact Larry and Eleese Chambers at 478-953-4533

Sept 13-15 – Region A Rally– 4H Center, Hwy 19S—Perry Florida. Catching Dreams on A Wing. For more information check out the Georgia District Web Site at <http://www.gwr-ra-ga.com>

Sept 29– **GA-A** Fall Harvest Fun Day– High Falls State Park, Jackson. For more information contact Bob and Bonnie McCroskey at 770-954-1924

Oct 6– **GA-O**– Picnic in the Park. Tift County Recreation Center, Tifton. For more information contact Robert and Anna Tillman at 229-423-3971.

Oct 11-13– Mississippi District Rally, Touring the Tropics, a Hawaiian Homecoming, Biloxi, Ms. For more information, check the Georgia District web page at <http://gwr-ra-ga.com/>

Nov 17– **GA-H-2**– Santa's Toy Run. Statesboro. For more information, contact Curtis and Jeanie Gay at 912-852-9035.

There are lots of things going on so get out and visit some of your long-time friends.

District Membership Enhancement Coordinators - JJ & Macia Etzle

As your MED Coordinators, it our responsibility to show you how to put ***FUN*** into your meetings and activities. GWRRA is a social organization of friends and, by adding fun activities, you will help to retain members and add new members. You can pull up lots of ideas for fun activities through the Fun Activities Guide on the GWRRA GA (www.gwr-ra-ga.com) website and clicking on Member Enhancement, which is located on the left side of the page.

It has been our pleasure to take part in several chapters who have implemented some of these activities. They have included several picnics in various locations, a “Bug Run” and a “Leap Frog Run”. We enjoyed these activities so much and want to promote them to everyone. These folks simply visited the website and took advantage of the items listed in the Fun Activities Guide. They try to make this a monthly event for their Chapters along with their regularly scheduled rides.

You can also start a “Kick-Tires” or dinner run on a night chosen by the chapter. These are times to relax, enjoy a meal, fellowship together and have fun. Most chapters make a run to Sonic or Dairy Queen after dinner.

These activities also help with member retention for the chapters. If the members are coming to functions and enjoying themselves, they will keep coming back and will promote GWRRA and the chapter to others who may become members. Member retention is an extremely important part of a chapter’s life because without members, there is no chapter and what fun would that be?

Are you working on the Couple of the Year program in your chapter? What a great time to show how your chapter can shine! This program is designed to acknowledge the extraordinary efforts and performance of local chapter leaders and members. There are winners at both the District and Region level. The contacts for this program are Kelles and Laura Sue Fleming, District Couple of the Year.

With the help of all Chapters, we can make this the best year ever for the Georgia Chapters. Please let us know what we can do to help you.

You can contact us at jjetzle@yahoo.com.

District Leadership Trainers - Dave & Sharon Aikens

Knowledge Enhancement Program

The Knowledge Enhancement Program consists of the following nine seminars, all of which will be presented on August 18, 2007:

- Leadership
- Chapter Structure & Organization
- Chapter Finances
- Newsletters
- Delegation
- Staffing
- You’re An Officer – Now What?
- Officer Appointment Procedures
- Interviewing Techniques

Members that complete a minimum of eight of the above seminars will receive a hanger bar for that program. Several of you have already completed seminars at the Team Training events earlier this year. With that in mind, I’m going to schedule those seminars in the morning session of the class on the 18th. This will enable members who have already attended the morning seminars to come to just the afternoon session to complete the required number of seminars for their hanger bar. Therefore, the following schedule has been developed for the August 18th class:

AM Session (9AM-Noon)

Officer Appointment Procedures
 You're An Officer – Now What
 Leadership
 Delegating
 Newsletters

PM Session (1PM-3PM)

Chapter Finances
 Chapter Structure & Organization
 Staffing
 Interviewing Techniques

The time for the lunch break may change a bit depending on how the morning session goes, but I believe this to be fairly accurate at this time. Should we finish the morning session early, we will just have a longer lunch break.

For Chapter Officers and prospective Chapter Officers, the Intermediate Leadership Skills Program will be offered on August 25 (same times, same place as above session). To attend this class, all participants should have completed a Horizon Program (August 11-12) and the Knowledge Enhancement Program.

Registration Forms for all of these programs can be found on the GWRRA-GA web page. Please register as soon as you know your availability to attend any of the August classes. Send or email your completed forms to me:

Dave Aikens, 228 Sentry Oaks Drive, Warner Robins, GA 31093 or email: AIKENSDDL@COX.NET

Senior District Educators - **Chuck & Anne Reed**

You are alone and suddenly

This is about the time of the year, when we all get back to some longer rides. The weather is not as cold and, here lately, it has not been raining much either. It is also about this time of the year when I use this newsletter article to remind everyone that there are some things that happen to us, with absolutely no warning.

I have used this article once a year for the past several years and I feel it is important enough to use again, as a reminder that hopefully no one will ever have to use!

“Let’s say it is 6:15 PM and you are driving/riding home (alone of course) after an unusually hard day. You are really tired, upset, and frustrated. Suddenly, you start experiencing severe pain in your chest that starts to radiate out into your arm and up into your jaw. You are only about 5 miles from the nearest hospital, unfortunately you don’t know if you will be able to make it that far. WHAT CAN YOU DO??” We all hope that situation does not EVER apply to ourselves or someone we know. But, we also know, the possibility exists. So, just what can we do to help ourselves? An article was written by F. Daniel Rochman, MD, titled “How to Survive A Heart Attack Alone”. The following is a reprint from the The Mended Hearts, Inc., publication; Heart response, Health Cares, Rochester General Hospital.

“You have been trained in CPR, but the guy that taught the course neglected to tell you how to perform it on yourself. Since many people are alone when they suffer a heart attack, this article seemed to be in order. Without help, the person whose heart stops beating properly and who begins to feel faint, has only about 10 seconds left before losing consciousness. However, these victims can help themselves by coughing repeatedly and very vigorously.

A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest, a cough must be repeated about every 2 seconds with out let up until help arrives, or until the heart is felt to be beating normally again. Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. In this way, heart attack victims can get to a hospital.”

As I said, we all hope this never happens to us. But, the reality is, it could. I personally hope I never talk to anyone who has had to try this method. But, I think the reminder is important enough to pass along, just in case

And as always, always be watchful for the unwatchful . . .

RSHF, Chuck and Anne Reed; Georgia Senior District Educators