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> Region A Director Larry & Patti Lingo lingwing@adelphia.net

# GWRRA Georgia

# September 2007 More Than a Motto

# Friends for Fun, Safety and Knowledge

"Friends for Fun, Safety and Knowledge" is so much more than our motto. There are so many things going on throughout Georgia and the other Districts to provide an opportunity to for friends to get together to have fun. On September 8th, Chapter Q in Warner Robins will have their Dessert Auction and Burger Burn at the Museum of Aviation at Robins Air Force Base. In just a couple of weeks, Larry and Patti Lingo will host the Region A Rally. The rally will be held on September 13th through the 15th at the 4H Center in Perry, Florida. In addition to fun and food, they will offer lots of entertainment and don't forget about the selection of the next Region A Couple of the Year. Please come out and support Kelles and Laura Sue Fleming, your Georgia District Couple Of the Year, in their quest for the honor of becoming the 2008 Region A Couple Of the Year. Right after the Region A Rally, Chapter A of McDonough will have their annual Fall Harvest Fun Day at High Falls State Park in Jackson, Georgia. On October 6th, Chapter O of Tifton will hold their annual Picnic in the Park at the Tift County Recreation Park in Tifton, Georgia. The week following Chapter O's event, on the 11th through the 13th of October, Mississippi will hold their District Rally in Biloxi, Mississippi. If you ever needed a reason to take a trip to Biloxi in the fall, this would be it. Biloxi is coming back to life after hurricane Katrina, so there are lots of hotels, restaurants and casinos that are open and Mississippi District Staff always have lots of fun events. entertainment and exciting things to do. Still in October, Chapter L in Rome will host a fund raising event for breast cancer research on the 20th at the Georgia Highlands College. On the 3rd of November, Chapter V in Hawkinsville will have a special meeting where they will have a special 50/50 drawing, where you could possibly win enough money to change your tax bracket. The meeting will take place at their regular meeting location at the Horseshoe Restaurant in Hawkinsville. On the 10th of November, the Georgia District Staff will host Wind Down. Along with a no cost meal, one of the Chapter Couples Of the Year will be selected as the 2008 Georgia District Couple Of the Year. There will games, music, fun and did I mention, food. The weekend following Wind Down, Chapter H-2 in Statesboro will hold their annual Santa's Toy Run. An escorted ride will leave PoJos

As you can see, there are lots of things going on, so get a group of friends together and go out and visit your friends.

More information on the events mentioned above can be found on the Georgia District website at http://gwrra-ga.com/ .

**GWRRA** Georgia

# GOOD THINGS TO KNOW

# 2007 CHAPTER COUPLES OF THE YEAR

GA-A Don & Judy Severs GA-A2 Wavne & Jewell Dennard GA-B2 Jeff & Susan Poirer GA-C2 Murl & Ruth Gwynn GA-E Jimmy & Brenda Davis GA-E2 Clarence & Pat Taylor GA-G Dick & Fay Hargett GA-H Tony & Sue Bracewell GA-I Page & Jeanne Davis GA-J Jon & Peggy Lemon GA-K Reggie & Fay Walters GA-O John & Vivian Rountree GA-P Leon Johnson & Julie Wynn GA-Q Bill & Barbara Paul GA-S Gary & Shirley Verhulst GA-T Dave & Betty Andrade GA-V Jeff & Angie Simpson GA-X James & Virginia Holloway

# GA Traveler's Plaque

Chapter GA-A2 of Dublin will be offering the Georgia District Traveler's Plaque for capture at the Golden Corral in Dublin on 18 September. They will eat at 6:00PM and meet at 7:00PM. For more information, contact Gene & Pat Whiddon at 478-731-4223.

# Among Our Sick:

- Franklin Waters; GA-H2
- Emileigh Stubelt; Bob & Marlene Campbell's granddaughter



If you know of any member that is

ill, had surgery, or lost a loved one, contact Bill and Betty Livingston.

# Heartfelt Sympathy To:

• Pete Hefele on the loss of his father



# UPCOMING EVENTS

Sept 1-2 - 30th Anniversary Members Party: Nashville, TN, Opryland Resort and Convention Center. For more information, go to http://www.gwrra.org/nashville/

Sept 8 - GA-Q - Dessert Auction and Burger Burn: Museum of Aviation, Warner Robins Air Force Base. For more information, contact Larry and Elease Chambers at 478-953-4533

Sept 13-15 - Region A Rally: 4H Center, Hwy 19S-Perry, Florida. Catching Dreams On A Wing. For more information, check out the Georgia District Website at http://www.gwrra-ga.com

**Sept 29 - GA-A - Fall Harvest Fun Day:** High Falls State Park, Jackson. For more information, contact Bob and Bonnie McCroskey at 770-954-1924

Oct 6 - GA-O - Picnic in the Park: Tift County Recreation Center, Tifton. For more information, contact Robert and Anna Tillman at 229-423-3971.

Oct 11-13 - Mississippi District Rally: Touring The Tropics, A Hawaiian Homecoming, Biloxi, MS. For more information, check the Georgia District web page at http://gwrra-ga.com/

Oct 20 - GA-L: Fun Day and fundraiser for Breast Cancer Research, Georgia Highland College. For more information, contact David and Denise Newby at 706-295-1714

**Nov 3 - GA-V**: Special 50/50 Drawing. For tickets or more information, contact Angie or Jeff Simpson at 478-934-0584.

Nov 10 - Wind Down: Mount Pleasant Baptist Church, Macon. Festivities start at 10:00. For more information, check the Georgia District web page at http://www.gwrra-ga.com

Nov 17 - GA-H2 - Santa's Toy Run: Statesboro. For more information, contact Curtis and Jeanie Gay at 912-852-9035.

Feb 9, 2008 - GA-S - Sweetheart Poker Run: Fort Yargo State Park, Winder, GA. For more information, contact Ken & Traci Thrasher at 706-310-1041

#### District Leadership Trainers - Dave & Sharon Aikens

### Leadership Training Update

What a year for training it has been so far! To date we have had 248 members take advantage of the training opportunities presented since January of this year. The training hours for all of these members are 16,368 (66 classroom hours X 248). And we're not finished yet. We still have one more class scheduled for August 25th (Intermediate Leadership Skills) for which we have 10 members signed up.

These numbers may sound impressive, but we haven't scratched the surface, yet. We still have a large number of members who haven't taken advantage of the training being offered. In next month's newsletter, I will post our 2008 training schedule. We hope to have as many (or more) training events scheduled so we can provide as many training opportunities to you, our members, as possible.

Why should this matter to you? Why should you take time out of your busy schedule to sit in a class and learn about GWRRA? Because THE MORE YOU KNOW, THE BETTER IT GETS! Even if you have no intention of ever taking a leadership role in a chapter, these seminars are designed to enhance your GWRRA experience. In addition, we have had several participants comment on how helpful the information presented has been in their daily lives, at home and at work. And the classes (except for Horizons) are offered FREE OF CHARGE!

All this training does come at a price, however; and that price is time. We would be remiss if we didn't identify all the other Leadership Training Instructors that assisted Sharon and me in presenting these great programs: Bill & Betty Livingston, Ron & Susan Larsen, Bob & Karla Greer, Kelles & Laura Sue Fleming, and John Andrews. Without the assistance of these folks I would have run out of steam a long time ago. We still have one more member awaiting Instructor Certification; Bill Hatfield from GA-S. We'll get that taken care of sometime in January. I hope to have another class for Instructor Development and Certification in next year's schedule, but it will depend on the level of interest from you, our members. Please let me know if you have an interest in assisting us in providing these great training programs.

Dave & Sharon Aikens; Georgia District Trainers

### Recruiting & Retention - Karla Greer

#### Why Should **You** Care If Your Card Is Current?

The first word that comes to my mind is PRIDE. I am extremely proud to belong to GWRRA. I feel a part of something that I am proud to share with others. The first thought to come to your mind might be the *Wing World*. You don't want to miss out on an issue if you let your membership expire. But you do have a pretty big stack of them piling up. Your Chapter Director might think of a plaque attack. Your might not receive credit for your attendance, if your membership isn't current. But, does anyone really ever look at your card??? **Reminder** Don't let your Membership Expire!!! Check your card today.

You won't get to take the Parking Lot Practice (PLP) free of charge if your membership expires. Chuck Reed does check cards!!! But hey, do you really need another safety course? You might need a free tow for your bike someday; but, you think towing your bike might be covered by car insurance policy.

The reality is, you've got the Chapter shirt and the vest. You could skate by without renewing your membership for quite some time; and still attend meetings and rides. The **real truth** is, my conscious wouldn't let me. It all comes back to **PRIDE**. We need to take pride in our organization. After all, you belong to one of the most outstanding, family oriented, safety minded motorcycle organizations in operation today. I know it's not perfect, but hey, if you see a problem, lend a hand. Help put some fun in your local Chapter. Let's be a TEAM where **To**gether **E**veryone **A**ccomplishes **M**ore. To be a part of the team, you have to join and stay current. Check your card today to see if your membership has expired or is nearing expiration. If so, renew it right away.

I would be remiss as your Recruiting Coordinator if I didn't mention sharing this wonderful organization we belong to with other riders you meet on the road of life. If you have the pride I mentioned above and you are a part of the FUN, that won't be a problem. You can obtain pre-printed GWRRA application flyers and Rescue Plus brochures to carry, from the Home Office in Phoenix or from me. That way, it will be easy to have the Association's information at your fingertips. I will have lots of these recruiting supplies available at Wind Down in Macon on November 10<sup>th</sup>. I hope to see all of you there. Until then.... SHARE THE FUN!!!

### Senior District Educators - Chuck & Anne Reed

#### **IS IT HOT ENOUGH YET??**

As most of you know, I much prefer hot weather to cold weather. But, even I have to admit, enough is enough! I know you are all aware of the problems associated with this type of weather but, it won't hurt to refresh your memories.

What doctors call heat exhaustion is actually just one in a series of problems that can be prompted by excessive heat. When you have heat exhaustion, you experience excessive thirst, clammy skin, headaches, nausea, weakness, dizziness or even fainting. But, according to doctors, other things may be happening, too. Some people have mild rashes and cramping. And, if the exhaustion gets out of hand on a hot, muggy day, you have to watch out for the more dangerous condition; heat stroke. This dangerous condition causes your body's temperature control mechanisms to malfunction. When your body can't cool itself, its temperature rises uncontrollably, that can lead to brain damage or even death.

Fortunately, as long as we are not in the middle of the Sahara, there are reasonable and fairly easy ways to prevent heat-related health problems. Here are a few ways you can minimize your risk of heat exhaustion. QUENCH YOUR THIRST! Keep your fluids up. Drink plenty of water. During hot weather, always have a drink or bottle of water handy. Stop every 100-125 miles or 1 to 1 ½ hours and take a break; sooner if necessary. Get in the shade or, better yet, in an air-conditioned building. Avoid drinking soda or caffeinated drinks like coffee. They act as diuretics, pulling liquids out of your body instead of adding liquids into your body. And avoid using salt tablets. They were once believed to speed fluid replacement on hot days. Doctors now know that taking these tablets can actually worsen your reaction to intense heat. In reality, salt tablets actually impede fluids from entering your bloodstream and prevent those fluids from being quickly distributed throughout your body.

Heat is just another risk we take riding our motorcycles, but it is a risk we can easily manage. Do what you can to stay cool and drink lots and LOTS of water. But that makes you have to use the restroom more frequently you say. Well, can that be all bad, since most restrooms are in an air-conditioned building! Stay cool, stay hydrated and enjoy the ride.

And as always, always be watchful for the unwatchful . . . . RSHF, Chuck and Anne Reed; Georgia Senior District Educators

#### **Special Announcement**

#### A great big THANK YOU and CONGRATULATIONS ...

goes out to **Gary Thayer** of *Gary's Hobbie Shop, Inc.* in McDonough, GA. Gary reached a remarkable milestone by any standard in his GWRRA career recently, as he was inducted into the **GWRRA Hall of Fame**. Gary received this honor because he has recruited over 100 new members for GWRRA. At Georgia Chapter A's July meeting, Karla Greer, Georgia's Recruiting and Retention Coordinator, presented him with his Hall of Fame jacket, pins and patches, and a certificate signed by GWRRA's Executive Director acknowledging his accomplishments. Gary's wife, Barbara, was present and, we would be remiss if we did not mention that, she played a big part in Gary's milestone. In fact, Gary admits that, the next 100 will go under Barb's name.